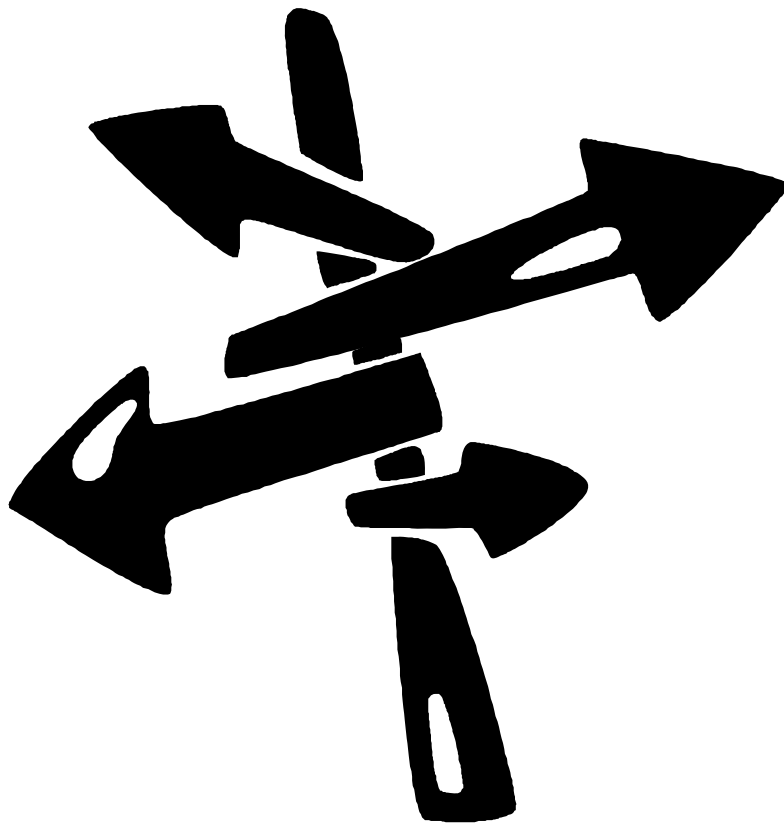


DALLAS COUNTY  
MENTAL HEALTH DIVISION  
COMMUNITY RESOURCE  
GUIDE



Provided By  
Dallas County Public Defender's Office Mental Health Division  
January 2010

**MISSION STATEMENT**  
**Of Dallas County Public Defender's**  
**Mental Health Division**

To promptly provide quality legal assistance to indigent individuals identified with mental health illnesses by partnering with the criminal justice system, community resources, and government officials in order to facilitate the best possible outcome of criminal issues and linking them to appropriate services in order to reduce the rate of recidivism among the mentally ill in Dallas County.

**MENTAL HEALTH DIVISION**

# COMMUNITY RESOURCES

## ADULT CARE FACILITIES

*These facilities generally provide health and social services, individual therapeutic and psychological activities furnished on a regularly scheduled basis in an adult day services center. Facilities may provide basic services or specialized services.*

**Achievement Center of Texas** 972-414-7700  
2950 N. Shiloh Road  
Garland, TX 75044  
Marilynne Serie, Director  
(Provides day habilitation services for individuals with mental retardation)

**Texas Department of Human Services—  
Community Care for Aged & Disabled Adults (CCAD)** 877-236-6500  
1545 W. Mockingbird Lane  
Dallas, TX 75235  
(Provides day care for low income individuals who meet income and medical eligibility guidelines.)

**Circle of Friends Adult Day Care Center** 972-235-5688  
12101 Greenville, Suite 114  
Dallas, TX 75243

**Christian Heights Adult Day Health** 214-371-4285  
4708 Wadsworth Drive  
Dallas, TX 75216  
Helen Simon, Director

**Citizens Development Center** 214-637-2911  
8800 Ambassador Row  
Dallas, TX 75247  
Diane Jones, Director

**Country Place of Rowlett** 972-463-2804  
7905 Liberty Grove Road  
Rowlett, TX 75089  
Sam Nimley, Director

**Dallas Center for the Developmentally Disabled** 214-328-4309  
8550 Cadenza Lane  
Dallas, TX 75228  
Gayle Stinson, Director

<b>Loyalton of Lake Highlands</b> 9715 Plano Road Dallas, TX 75238 Chris Sikes, Director	214-343-7445
<b>Mesquite Adult Day Care Activity Center</b> 229 Barnes Bridge Road Mesquite, TX 75150	972-226-2131
<b>Scenario Adult Day Care &amp; Health Service Adult Restorative Nursing</b> 3120 W. Northwest Highway Dallas, TX 75220 Contact: Elizabeth Perez	214-351-1212
<b>Secure Haven Adult Day Care</b> 2837 W. Illinois Avenue Dallas, TX 75233 Arris Wheaton, Director	214-339-4920
<b>Town Hall Adult Day Health Care Center—Oak Cliff</b> 226 E. 10 <sup>th</sup> Street Dallas, TX 75203 Contact: Charles Gaban	214-948-8892
<b>Village Oaks</b> 13505 Webb Chapel Road Farmer's Branch, TX 75234 Contact: Janet Atkins	972-241-3955
<b>We Care Adult Day Center</b> 3200 S. Lancaster Road Dallas, TX 75216	214-371-7331

**ADVOCACY GROUPS**

<b>Advocacy, Inc.</b> 1420 W. Mockingbird Lane Suite 450 Dallas, TX 75247 www.advocacyinc.org	214-630-0916
<b>Aging Information Office</b> 1349 Empire Central Drive, Suite 400 Dallas, TX 75247	214-379-4636

[www.ccgd.org](http://www.ccgd.org)

**The ARC of Dallas** 214-634-9810  
12700 Hillcrest Suite 200  
Dallas, TX 75230  
[www.arcdallas.org](http://www.arcdallas.org)  
Contact: Drew Dixon

**City of Dallas—Senior Affairs Office** 214-670-5227  
2/D/North  
Dallas, TX 75201  
[www.dallascityhall.com](http://www.dallascityhall.com)

**Epilepsy Foundation of Greater North Texas** 214-823-8809  
2630 Fountain View  
Houston, TX 77057  
[www.efgnt.org](http://www.efgnt.org)

**Garland Department of Neighborhood Services** 972-205-3302  
**Neighborhood Initiatives**  
210 Carver Street  
Garland, TX 75040  
[www.ci.garland.tx.us](http://www.ci.garland.tx.us)

**Greater Dallas Community of Churches** 214-824-8680  
624 N. Good Latimer Expressway, Suite 100  
Dallas, TX 75240  
Contact: Rev. Odom

**Jewish Family Service Elderly Services** 972-437-9950  
5402 Arapaho Road  
Dallas, TX 75248  
[www.jfsdallas.org](http://www.jfsdallas.org)  
Contact: Michael Fliesher

**La Voz Del Anciano** 214-741-5700  
3316 Sylvan Avenue  
Dallas, TX 75212  
Contact: Trini Garza

**Mesquite Senior Alert** 972-288-3921  
300 W. Kearney Street  
Mesquite, TX 75149  
Contact: Kristi Killhaney

**NAMI (National Alliance for the Mentally Ill)—Dallas** 214-341-7133  
6510 Abrams Road, Suite 568

Dallas, TX 75231  
[www.namidallas.org](http://www.namidallas.org)

**Richardson–Older Adult Program**  
820 W. Arapaho Road  
Richardson, TX 75080

972-744-7800

**Seagoville Senior Center**  
110 E. Malloy Bridge Road  
Seagoville, TX 75159  
[www.cityofseagoville.org/senior\\_center.htm](http://www.cityofseagoville.org/senior_center.htm)

972-287-4113

**Senior Adult Services for Addison, Carrollton,  
Coppell & Farmer’s Branch**  
1111 W. Beltline Road, Suite 110  
Carrollton, TX 75006  
[www.senioradultservices.org](http://www.senioradultservices.org)

972-242-4464

**The Senior Source  
Advocacy and Education Group**  
1215 Skiles Street  
Dallas, TX 75204  
[www.theseniorsource.org](http://www.theseniorsource.org)

214-823-5700

**United Cerebral Palsy of Metropolitan Dallas**  
8802 Harry Hines Blvd  
Dallas, TX 75235  
[www.ucpdallas.org](http://www.ucpdallas.org)

214-351-2500

**VA North Texas Health-Care System**  
4500 S. Lancaster Road  
Dallas, TX 75216  
Contact: Heidi Vermet

214-742-8387

### AIDS/HIV RESOURCES

**AIDS Resource Center**  
2701 Regan Street  
Dallas, TX 75219

214-521-5124

*Has a variety of programs for AIDS patients, food, clothing pantry, financial assistance, dental care, vet care for pets, testing, info & referrals.*

**AIDS Services of Dallas**  
800 N. Lancaster Avenue  
Dallas, TX 75203

214-941-0523

*Has long term comprehensive supportive housing for people with HIV/AIDS. It offers on site medical care, private rooms and apartments.*

**Bryan's House** 214-559-3946  
5940 4<sup>th</sup> Park Road  
Dallas, TX 75235  
*Supportive housing and medical care for children with HIV/AIDS.*

**La Sima** 214-941-1132  
401 Wynnewood  
Professional Building Suite #140  
Dallas, TX 75224  
*Low-cost housing, transitional housing, HIV/AIDS counseling, services for ex-offenders*

**Parkland Hospital AIDS Clinic** 214-590-5632  
1936 Amelia Court  
Dallas, TX 75235  
*Healthcare for people with AIDS/HIV.*

### DENTAL CARE

**Baylor College of Dentistry** 214-828-8100  
3302 Gaston Avenue  
Dallas, TX 75246  
*Monday-Friday 8:00am-5:00pm. Not accepting patients until January 2006.*

**Central Dallas Ministries Community Health Services** 214-821-8644  
801 N. Peak Street  
Dallas, TX 75246  
*Hours: Mon - Tues 9:00 am - 5:00 pm (by appointment only). Service area: 75204, 75246, 75226, 75223, 75210, 75215.*

#### **Community Dental Care Clinics**

**Bluitt Flowers Clinic** 214-266-4200  
303 N. Overton Road 214-266-4280  
Dallas, TX 75216  
*Need picture ID, SS card, utility bill, last 2 or 4 paycheck stub, award letter, must be registered with Texas Work Force Commission, and birth certificate for children under 18.*

**DeHaro-Saldivar Clinic** 214-266-0630  
1400 N. Westmoreland Road  
Dallas, TX 75211

**East Dallas Clinic** 214-266-1000  
3320 Live Oak Street

Dallas, TX 75204

**Consumer Dental Care** 214-630-7080  
1420 W. Mockingbird Lane, Suite 500  
Dallas, TX 75247  
[www.communitydentalcare.org](http://www.communitydentalcare.org)

**Dallas County Dental Society** 972-247-6453  
13633 Omega Drive 972-386-5741  
Dallas, TX 75244

**Golden Acres Dental Clinic** 214-327-2622  
2525 Centerville Road  
Dallas, TX 75228  
*Hours: Monday - Friday; 9:00 am - 4:00 pm.*

**Kiwanis Dental Clinic** 214-827-1724  
5216 Monarch Street  
Dallas, TX 75206  
Hours: Monday-Friday 8:30 am - 4:30 pm.

**Los Barrios Unidos Community Dental Clinic, Inc.** 214.571.6130  
809 Singleton Blvd  
Dallas, TX 75212  
Hours: Monday -Thursday 7:00 am - 5:00 pm; Fri 7:00 am - 4:00 pm.

**Martin Luther King, Jr. Family Clinic** 214-426-3645  
2922 B Martin Luther King, Jr. Blvd  
Dallas, TX 75215

**North Central Texas Area Agency on Aging** 800-272-3921

**Parkland Health and Hospital System Oral Surgery Program** 214-590-5606  
5201 Harry Hines Blvd. 5th  
Dallas, TX 75235  
[www3.utsouthwestern.edu/parkland](http://www3.utsouthwestern.edu/parkland)

**Stewpot Dental Clinic** 214-746-2785  
1822 Young Street Ext. 245  
Dallas, TX 75201

**Urban Inter-Tribal Center Health Clinic** 214-941-1050  
209 E. Jefferson Blvd. Ext. 235  
Dallas, TX 75203



Veterans Affairs Medical Center 214-857-1396  
4500 South Lancaster Road  
Dallas, TX 75216

## EDUCATION

Alliance for Higher Education, Dallas County 972-713-8170  
2706 Rufford Avenue 972-883-4920  
Richardson, Texas 75080  
*Televised and Internet -delivered education training for working adults. [www.allianceedu.org](http://www.allianceedu.org)*

CAPE 214-821-4784  
(Childcare and Parent Education)  
*Vocational job training for people interested in childcare.*

Dallas Can! Academy 214-824-4226  
325 W. 12th Street, Suite 250` 214-944-1985  
Dallas, Texas 75208  
*Charter school of choice for students ages 16-21, offering a high school diploma or GED.*

Dallas County Community Action Committee, Inc. 214-827-6585  
910 N Central Expressway  
Dallas, Texas 75204  
*Serves low-income people and the homeless through education, job training/placement and housing counseling programs.*

Educational Opportunity Center, Dallas 214-678-0255  
8500 N. Stemmons Freeway #4012  
Dallas, Texas 75247

I Have a Dream Foundation, Dallas 214-823-3490  
P. O. Box 191747  
Dallas, Texas 75219  
Contact Person: Derryle Peace, Executive Director  
*Program to motivate students who are at risk to graduate from high school and pursue higher education.*

LIFT (Literacy Instruction for Texas), Dallas 214-824-2000  
2121 Main Street Suite #100  
Dallas, Texas 75201  
*Classes in reading and writing, computers, math, family literacy programs and adult ESL.*

Neighborhood Technology Center 214-823-4409  
1864 North Hall Street  
Dallas, Texas 75215

*Basic computer literacy classes for adults and seniors. Microsoft Office and Graphic Design classes for adults.*

**Texas Department of Assistive Rehabilitation (DARS—formerly TRC) 800-252-5204**

4800 N. Lamar Blvd., 3rd Floor

Austin, Texas 78756

*Vocational Rehabilitation, Extended Rehabilitation Services, Independent Living Transitional Skills Program, Comprehensive Medical Rehabilitation, and Transitional Planning*

## **Local Offices**

### **Dallas**

Central - 6310 Lemmon Avenue, Suite 150 214-350-1184

Northeast - 6500 Greenville Ave, Suite 250 214-692-1665

Northwest - 2415 W. Northwest Hwy #102 214-956-7913

*TDD* 214-956-7159

Southeast - 3650 N. Buckner #102 214-328-6351

Southwest - 1050 N. Westmoreland 214-467-5500

### **Suburban Offices**

Carrollton - 1735 Keller Springs #150 972-446-3505

Duncanville - 447 Acton 972-296-3864

Garland - 111 S. Garland Avenue 972-485-6005

Irving - 1636 W. Irving 972-254-9503

Plano - 520 Central Parkway East, Suite #232 972-424-6502

**Texas Workforce Commission 214-290-1031**

1201 Main Street, Suite 2700

Dallas, TX 75202

*Employment Services for Unemployment Insurance Recipients • Employment & Training for Veterans • Employment Services • Employment & Training for Dislocated Workers due to Imports • Tax Info. & Assistance for Employers • Education & Training for Veterans • Food Stamps Employment & Training • Employment & Training for TANF applicants & recipients • Employment Services for Ex-Offenders • Access to Child Care. Office hours: Monday - Friday, 8:00 am - 5:00 pm*

**Upward Bound, SMU Campus 214-768-2364**

P. O. Box 750437

Dallas, Texas 75275-0437

*Educational skills and motivation training for low-income and first-generation young people who want to attend college.*

## **EMPLOYMENT**

**Career Development and Designs Services** 214-333-7000  
1353 N. Westmoreland  
Dallas, TX 75211

**Citizens Development Center** 214-637-2911  
8800 Ambassador Row  
Dallas, TX 75247

**Dallas Center for the Developmentally Disabled** 214-328-4309  
8550 Cadenza Lane  
Dallas, TX 75228  
[www.dallascenterfordd.org](http://www.dallascenterfordd.org)

**Goodwill Industries of Dallas County** 214-290-2800  
3020 N. Westmoreland Road  
Dallas, TX 75212  
[www.goodwilldallas.org](http://www.goodwilldallas.org)

**Texas Work Force Commission** 214-290-1031  
1201 Main Street, Suite 2700  
Dallas, TX 75202

*The state government agency that oversees and provides workforce development services to employers and job seekers in Texas. Office hours: Monday - Friday, 8:00 am - 5:00 pm.  
Unemployment Compensation*

**Work Force Center Locations**

2922 Martin Luther King Drive	Dallas, TX 75215	214-421-2460
2020 N. Masters, Suite. 102	Dallas, TX 75217	972-288-2703
2707 Stemmons Freeway, Suite 150	Dallas, TX 75207	214-920-3663
2925 N. Skyway Circle	Irving, TX 75038	972-258-0114
4243 S. Polk	Dallas, TX 75224	214-372-1471
217 N. 10th	Garland, TX 75040	972-276-8361
1222 E. Arapaho	Richardson, TX 75081	972-234-5391
202 W. Pioneer Pkwy.	Grand Prairie, TX 75051	972-264-5881
2110 N. Galloway, Suite 116	Mesquite, TX 75150	972-329-1948
7222 S. Westmoreland, Suite 110	Dallas, TX 75237	972-709-5377

*Day Labor Center Locations:*

**Garland Day Labor Center**  
2007 Saturn Road Garland, TX 75041 972-864-1739

**Lone Star Park Hiring Office**  
1000 Lone Star Parkway Grand Prairie, TX 75050 972-264-5881

**Worksource for Dallas County** 214-290-1000  
1201 Main Street, Suite 2700

Dallas, TX 75202  
[www.worksource.org](http://www.worksource.org)

## **FINANCIAL (*Short Term*)/INSURANCE ASSISTANCE**

**Aging Information Office** 214-379-4636  
1349 Empire Central Drive, Suite 400  
Dallas, TX 75247  
(Referrals to local agencies that provide emergency financial and food assistance)

**Bethlehem Foundation** 214-371-3407  
1159 Camp Wisdom  
Dallas, TX 75232  
*Hours: Monday-Friday; 9:00-6:00 pm. Clients must bring picture ID, social security card, and birth certificates for all members of household; proof of income; verification of residency. Application process: walk in, but clients must call first to see which services are available that day. Services offered: food; clothes; rent and utilities assistance. Clients may receive rent and utility assistance once every 3 years.*

**Buckner Vickery Wellness Center** 214-706-6959  
5929 Melody Lane  
Dallas, TX 75231  
*Hours: Monday-Friday; 9:00 am - 9:00 pm. Services offered: food; rent and utilities assistance; ESL classes; job training; after-school programs; crisis counseling; community wide events; parenting classes. Eligibility requirements: clients must be Vickery community residents. Clients must bring: picture ID; proof of income; rent or utility bill. Application process: walk-ins taken; client should call for appointment if requesting financial aid. Clients may receive financial assistance once a year.*

**Crossroads Community Services** 214-560-2511  
1822 Young Street  
Dallas, TX 75201  
1922 Ross Avenue (*mailing address*)  
Dallas, TX 75203

**Dallas County Department of Health & Human Services** 214-819-1848  
*Comprehensive Energy Assistance Program (CEAP)*  
2377 Stemmons Freeway  
Dallas, TX 75207

**Duncanville Outreach Ministry** 972-296-4986  
202 E. Cherry Street  
Duncanville, TX 75116  
*Hours: Monday-Friday; 9:30-12:30 pm. Services offered: Food; clothes; rent and utilities assistance (electricity, gas, and water). Eligibility requirements: clients must live in one of the following zip codes: 75116 or 75137. Clients must bring: picture ID and social security cards for*

*self and all in household; proof of residence (in the form of a utility bill or a lease agreement); Immigration Card required for non-citizens. Clients may receive food up to 6 times per year; may receive clothes up to 3 times.*

**Dallas County Veterans Service Office** 214-819-1885  
2377 Stemmons Freeway, 6<sup>th</sup> Floor Box 1  
Dallas, TX 75207

**Duncanville Outreach Ministry** 972.296.4986  
202 E. Cherry Street  
Duncanville, TX 75216

**Housing Crisis Center** 214-828-4244  
4210 Junius Street  
Dallas, TX 75246-1429

**Jewish Family Services** 972-437-9950  
5402 Arapaho Road  
Dallas, TX 75248

**Ladies Charity of Dallas** 214-821-5713  
2710 Samuel Blvd  
Dallas, TX 75223

**Lancaster Outreach Center** 972-227-0138  
1120 Randlett Street  
Lancaster, TX 75146

**Mesquite Social Services, Inc.** 972-216-1470  
1035 Military Parkway  
Mesquite, TX 75149

*Hours: Monday-Friday; 8:00 am - 4:30 pm. Services offered: food; rent and utilities assistance; budget counseling. Eligibility: clients must live in designated zip code area: Mesquite, Balch Springs, Seagoville (TXU and Atmos gas only), Sunnyvale clients must bring: items specified in appointment phone call; if seeking food assistance, picture ID and social security cards for all in household, proof of residence; if requesting utilities assistance, current ID, check stubs, utility bill. Clients may receive food three times per year. Clients may receive financial assistance once a year.*

**Metrocrest Social Services** 972-446-2100  
1111 West Belt Line Rd., Suite 100  
Carrollton TX 75006

*Services offered: food; clothes; rent and utilities assistance; job counseling; information and referral hours: Monday, Tuesday, Thursday, Friday 8:00 am - 5:00 pm; Wednesday 8:00 am - 7:00 pm; Saturday 9:00 am - 1:00 pm. Eligibility requirements: client must be a resident of Carrollton, Farmers Branch, Addison, or Coppell. Must bring: picture ID for self; SS card or birth certificates for all in household; proof of residence; proof of Income. Application process: appointments*

*preferred; walk-ins taken. Clients may receive food assistance 4-6 times a year. Clients may receive rent and utilities assistance once every 18 months.*

**Oak Cliff Churches for Emergency Aid** 214-943-7757  
6000 S. Hampton  
Dallas, TX 75232

**Reconciliation Outreach** 214-821-9192  
4311 Bryan Street  
Dallas, TX 75204

**Richardson East Care Corps** 972-231-8231  
1504 East Campbell Road  
Richardson, TX 75081

**Salvation Army—Carr P. Collins Social Service Center** 214-424-7000  
5302 Harry Hines Blvd  
Dallas, TX 75235  
PO Box 35928, Dallas TX, 75235-0928

**Salvation Army—Irving** 972-721-9503  
250 E. Grauwlyer Road 972-721-0779  
Irving, TX 75061  
PO Box 154426  
Irving, TX 75015-4426

**Social Security Administration Teleservice Center** 800-772-1213  
[www.ssa.gov](http://www.ssa.gov)

**St. Vincent Center (@ Holy Trinity Catholic Church)** 214-521-3719  
3826 Gilbert Avenue  
Dallas, TX 75219

**Texas Department of Human Services (Food Stamps, Medicaid and CCAD Application)**  
[www.dhs.state.tx.us/regions/03](http://www.dhs.state.tx.us/regions/03)

3650 N. Buckner Blvd., Suite 111; 75228	214-319-8422
1228 E. Ledbetter Drive; 75216	214-372-4671
1111 W. Ledbetter Drive, Suite 400; 75224	214-372-6370
5455 Blair Road; 75231	214-750-4619
4533 Ross Avenue; 75204	214-827-5210
440 S. Nursery, Suite 2000; 75060	972-579-3080
1010 Cadiz Street, Suite 100; 75215	214-421-7722
2020 N. Masters Drive; 75217	972-216-0087
302 W. 9 <sup>th</sup> Street; 75208	214-942-2323
3131 Fish Trap Road; 75212	214-360-4411
1467 Acton Avenue (Duncanville)	972-709-8075
801 W. Freeway, Suite 300 (Grand Prairie)	972-262-4888

6500 Northwest Drive, Suite 300 (Mesquite)	972-681-9778
201 Mallory Bridge Road (Seagoville)	972-287-1174
3306 W. Walnut Street, Suite 200 (Garland)	972-272-0889
<b>West Dallas Multi-Purpose Center</b>	214-670-6530
2828 Fish Trap Road Dallas, TX 75212	
<b>White Rock Center of Hope</b>	214-324-8996
10021 A Garland Road Dallas, TX 75218	
<b>The Wilkinson Center</b>	214-821-6380
5200 Bryan Dallas, TX 75206	
<b>Value Options/NorthSTAR</b>	888-800-6799
1199 South Beltline Road, Suite 100 Coppell, TX 75019	
<b>Veterans Affairs</b>	800-827-1000
4500 South Lancaster Road Dallas, TX 75216	

### FOOD PANTRIES/ASSISTANCE

<b>Bethlehem Foundation</b>	214-371-3407
1159 Camp Wisdom Dallas, TX 75232	
<i>Monday thru Friday; 9:00 am-6:00pm. Clients must bring: picture ID, birth certificate and social security cards for all members of household; verification of residency. Application process: walk in, but clients must call first to see which services are available that day. Clients may receive food and clothes once a year.</i>	

<b>Big Heart Ministries</b>	214-275-0811
4209 Samuell Blvd Dallas, TX 75228	
<i>Hours: 7:30 to 10:00 am every Saturday morning (breakfast only). Meals provided at the corner of Ervay and Corsicana - Downtown Dallas.</i>	

<b>The Breadbasket (located in St. Luke's Life Center)</b>	214-887-3926
6211 East Grand Dallas, TX 75223	

*Requirements: Must live in the following zip codes--75206, 75210, 75015, 75017, 75018,75023, 75028, or 75053. Must bring valid picture ID, social security number for each family member, proof of residency for current month, and any proof of disability (not required).*

**Carrollton Friendship House** **972-242-6464**

(A Ministry of the 1st Baptist Church of Carrollton)

2400 N. Josey Lane

Carrollton, TX 75006

*Services offered: food; clothes. Hours: Wednesdays: 10:00 am -12:00 pm, 5:00 pm -7:00 pm.*

*Eligibility requirements: clients must reside in one of the following zip codes to receive food and clothes: 75001, 75006, 75007, 75008, 75010, 75019, 75244, 75287; clients who live in zip code 75234 may receive clothes. Clients must bring: valid driver's license with valid address; rent receipt or utility receipt if further proof of residence is needed. Clients may receive food 4 times a year. Clients may receive clothing two times a year.*

**Central Dallas Ministries Food Pantry** **214-823-8710**

409 N. Haskell Avenue

Dallas, TX 75246

*Hours: Monday-Thursday 10:00 am to 2:00pm; Saturday 9:30 am to 12:30 pm. ID required; serves all inner city Dallas. Families' w/children need to bring child's social security card & birth certificate.*

**Cliff Temple Care Center/Mission Oak Cliff** **214-942-6407**

123 W. 10<sup>th</sup> Street *(Moved directly across the street in church)*

Dallas, TX 75208

*Hours: Monday-Friday 9:00 am to Noon and 1:00 pm to 4:00 pm. Must provide picture ID, Social Security card, and proof of residency.*

**Dallas Life Foundation** **214-421-1380**

1100 Cadiz St

Dallas, TX 75215

*Hours: Monday-Friday 3:00-6:00pm; Saturdays 9:00-5:00pm Individuals 17 and older or parent. Must Have ID, children's birth certificate, Social Security card, and shot records.*

**Family Assistance Center** **214-941-8596**

1924 Jefferson Street

Dallas, TX 75208

*Hours: Monday-Thursday 9:00 to 11:00 am and 1:00 to 3:00 pm. Bring picture ID, Social Security card, proof of income, and expenses.*

**Family Place, The** **214-941-1991**

4300 MacArthur Avenue

Dallas, TX 75209

**First Presbyterian Community Ministries** **214-746-2785**

408 Park Avenue

Dallas, TX 75201



*Hours: Monday and Wednesday and Friday 8:00 am-2:45 pm.*

**Food Pantry** 214-528-2336

4012 Cedar Springs Road  
Dallas, TX 75219

*Hours: Monday-Wednesday 4:00-6:00pm, Thursday 9:00-8:00pm, Friday 9:00-5:00 pm.*

**God's Food Pantry** 972-633-9777

3420 E. 14<sup>th</sup> Street  
Plano, TX 75074

Tuesday-Saturday, 9:00 am to Noon. Allowed to come once a week.

**Jewish Family Service** 214-437-9950

5402 Arapaho Road  
Dallas, TX 75248

**Meals On Wheels** 214-689-0000

1440 West Mockingbird Lane #500  
Dallas, TX 75247

*Home-delivered meals for elderly or disabled. Individual must be home bound with no caretaker and no meals from any other source. Illness or old age must prevent normal activity in order for client to receive meals.*

**MLK Community Center** 214-670-8355

2922 Martin Luther King Blvd  
Dallas, TX 75215

*Tuesday/Thursday 8:00 am to 8:30 am.*

**North Texas Shared Ministries** 972-620-8696

2875 Merrell Road  
Dallas, TX 75229

*ID Required*

**Operation Relief Center** 214-421-5363

2010 Grand Avenue  
Dallas, TX 75215

**Salvation Army** 214-688-4494

5302 Harry Hines Blvd  
Dallas, TX 75235

214-424-7000

214-424-7111

*Meals and Food Pantry for non-residents*

**Southeast Dallas Emergency Food Center** 214-381-5239

6670 Military Parkway  
Dallas, TX 75227

*Services offered: food; clothes. Hours: Monday - Friday 9:00 am - 2:00 pm. Eligibility requirements: Client must live in one of the following zip codes: 75217, 75227, 75253. Clients*

*must bring: driver's license or ID and SS cards for self and all in household; birth certificates or other ID for all children; proof of residence. Application process: walk-in. Limits: clients may receive assistance 4 times per year.*

**Stewpot**

**214-746-2785**

408 Park Avenue  
Dallas, TX 75201

*Hours: 8:00 am to 4:00 pm. Provides lunch meals; Bus Tickets/Gas Money; case management; Community Clinic; Dental Care; ID Cards (Texas); Temporary Financial Assistance; Birth Certificates (out of state only); Travelers Assistance.*

**Trinity Works**

**214-653-1711**

4536 Bryan Street @ Annex  
Dallas, TX 75204

**Turnpike Church Of Christ Food Pantry**

**972-264-2374**

1102 NW 7th Street

Grand Prairie, TX 75050

*Services offered: food; limited clothes (mostly for children and people in emergency situations); limited financial assistance (often evaluated on an individual basis). Hours: Tuesday & Thursday 9:00 am -12:00 pm. Eligibility requirements: Clients must be Grand Prairie residents. Clients must bring: picture ID. Clients may receive food once a month. Clothes and financial assistance evaluated on an individual basis.*

**Voice Of Hope**

**214-631-7877**

4120 Gentry Drive  
Dallas, TX 75212

*Services offered: food; clothes (when available); utilities assistance; after school program; summer program mentoring program; food delivery for seniors and the disabled in 75212 zip code. Hours of food pantry: Monday & Thursday 2:00 pm - 4:00 pm; regular hours: 8:00 am - 5:00 pm. Eligibility requirements: Clients must live in zip code **75212** to receive utilities assistance; clients outside zip code are eligible for food clients must bring: clients should call for appointment and be told what to bring. Application process: walk-in for food pantry on Monday & Thursday 2:00 pm - 4:00 pm; appointments required for food pantry during other times; appointments required for utilities assistance. Clients may receive food every 3 months. Clients may receive utilities assistance once a year.*

**West Dallas Multipurpose Center**

**214-670-6530**

2828 Fish Trap Road  
Dallas, TX 75212

*Services offered: food; rent and utilities assistance; caseworker referral; eyeglasses program; referral services; job training; health services; older adults programs. Hours: Monday-Friday 8:00 am -5:30 pm. Eligibility requirements: different programs have different eligibility requirements; rent and utilities assistance available to any Dallas city residents. Clients must bring: clients should call to learn required documentation. Application process: walk-ins and appointments taken. Clients may receive food once every 3 months. Clients may receive financial assistance once a year.*

**Wilkinson Center**

214-821-6380

5200 Bryan  
Dallas, TX 75206*Hours: Monday-Thursday 9:00 am to 4:30 pm.***HEALTH CARE****Agape Clinic at Grace United Methodist Church**

214.824.2533

4105 Junius Street  
Dallas, TX 75246*Hours: Thursday- 7:30 am - 3:30 pm; Friday- 7:30 am-11:30 am; Saturday- 8:00 am - 12:00 pm; Vaccinations Friday- 9:00 am - 12:00 pm and Saturday- 8:30 am. Serves patients in the following zip codes: 75246, 75225, 75206, 75214, 75223.***AIDS Resource Center**

214-521-5124

2701 Reagan Street  
Dallas, TX 75219*Services offered: food; insurance assistance; limited non-emergency financial assistance; dental care; low cost blood work; clinical drug trials; education; computer workstations; library. Hours: Mon - Fri 9:00 am - 9:00 pm; Sat 9:00 am - 5:00 pm; Sun 12:00 pm - 5:00 pm. Eligibility requirements: clients must be HIV positive to qualify for assistance clients must bring: proof of HIV positive diagnosis; proof of residence; proof of income application process: appointment necessary language options: Spanish speakers available.**Website: [www.resourcecenterdallas.org](http://www.resourcecenterdallas.org)***Baylor University Medical Center**

214-820-0111

3500 Gaston Avenue  
Dallas, TX 75246*Baylor Senior Health Center Locations*

<b>Brookhaven</b>	14220 Marsh Lane	<b>972-241-3700</b>
<b>Casa Linda</b>	9543 Losa Drive	<b>214-327-5200</b>
<b>Fair Park</b>	3707 Gaston Avenue #403	<b>214-887-8089</b>
<b>Garland</b>	777 Walter Reed Road #102	<b>972-494-4888</b>
<b>Hillside</b>	500 Hillside Village	<b>214-827-0023</b>
<b>Mesquite</b>	1650 Republic Parkway #150	<b>972-279-7575</b>

**Cedars Hospital**

972-298-7323

2000 North Old Hickory Trail  
De Soto, TX 75115-2242**Central Dallas Ministries Community Health Services**

214-821-8644

801 N. Peak Street  
Dallas, TX 75246

*Hours: Mondays and Wednesdays- 9:00 am - 5:00 pm; Tuesdays and Thursday- 9:00 am-9:00 pm (by appointment only). Service Area: 75204, 75246, 75226, 75223, 75210, 75215.*

**Charlton Methodist Hospital** 214-947-7777  
3500 W. Wheatland Road  
Dallas, TX 75237

**Christ's Family Clinic (in the Preston Road Church of Christ)** 214-261-9500  
6409 Preston Road  
University Park, TX 75205  
*Hours: Wednesdays 1:00 pm - 9:00 pm. Service area: anyone working in Park Cities area.*

**Dallas Life Foundation** 214.421.1380  
1100 Cadiz Street  
Dallas, TX 75221  
Hours: Monday, Wednesday, and Thursday 5:00 pm - 9:00 pm. Service area: no set requirements.

**Los Barrios Unidos Community Clinic, Inc.** 214-571-6132  
809 Singleton Blvd.  
Dallas TX 75212  
*Hours: Mon-Thurs 7:00 am - 5:00 pm; Fri 7:00 am - 4:00 pm.*

**Martin Luther King Jr. Family Clinic, Inc.** 214-426-2686  
2922 B Martin Luther King Jr. Blvd., Building D 214-426-3645  
Dallas, TX 75215  
*Hours: Monday, Tuesday, Thursday, and Friday- 8:00 am- 5:00 pm; Wednesday-11:00 am - 8:00 pm. Services offered: food; rent and utilities assistance; financial assistance for obtaining birth certificates; transportation; counseling and referral services; educational programs and seminars (computer technology program, GED); medical prescriptions; Thanksgiving baskets; Christmas toys. Clients must bring: current Texas ID for self and all adults in household; SS cards for all in household; proof of income; bill for which assistance is needed; proof of emergency need (eviction or termination notice); lease agreement; receipts for other expenses. Application process: client to call in advance to make appointment; the appointment line opens at 9:00 am; appointments take place Monday, Wednesday (reserved for senior citizens), Friday  
limits: clients may receive services from MLK, Jr., Community Center once a year. Service area: 75201, 75202, 75204, 75206, 75210, 75214, 75215, 75216, 75217, 75218, 75219, 75223, 75234, 75236, 75237, 75244, 75247, 75248, 75249, 75252, 75287.*

**Medical City—Dallas** 972-566-7000  
7777 Forest Lane  
Dallas, TX 75230

**Methodist Medical Center** 214-947-8181  
1441 N. Beckley Avenue  
Dallas, TX 75203

**Metrocrest Family Medical Clinic** 972-484-8444  
One Medical Parkway, Suite 140  
Dallas, TX 75234  
*Hours: Tuesdays and Thursdays 6:00 pm - 9:00 pm; immunizations on 3rd Wednesday of month.*  
*Referral needed.*

**Mission East Dallas** 972-682-8917  
2914 Oates Dr., Dallas, TX 75228  
*Hours: Tuesdays at 4:30 pm. Service area: 75041, 75042, 75043, 75149, 75150, 75159, 75180, 75181, 75185, 75217, 75218, 75227, 75228, 75238, 75253.*

**North Dallas Shared Ministries** 972-620-8696  
2875 Merrell Road ext. 226  
Dallas, TX 75229  
*Hours: Adults and Children's Clinic: Tues and Thurs 5:00 pm; Women's Clinic: 1st and 3rd Wed 5:00 pm; Children's Immunization Clinic: Tues 10:30 am -1:30 pm. Service area: 75001, 75204, 75205, 75219, 75220, 75225, 75229, 75230, 75231, 75234, 75235, 75240, 75244, 75247, 75248, 75251, 75252, 75254, 75287.*

**North Texas Indian Physicians Charitable Clinic** 972-870-9500  
1706 Britain  
Irving, TX

**Parkland Health and Hospital System** 214-590-8000  
5201 Harry Hines Blvd.  
Dallas, TX 75235

*Community Oriented Primary Care Clinics*

<b>Bluitt-Flowers</b>	303 Overton Road--75216	214-266-4200
<b>COPC</b>	6263 Harry Hines Blvd--75235	214-590-0100
<b>De Haro/Saldivar</b>	1400 N. Westmoreland Road--75211	214-266-0500
<b>East Dallas</b>	3320 Live Oak Street--75204	214-266-1000
<b>Garland</b>	802 Hopkins Street--75040	214-266-0700
<b>Southeast Dallas</b>	9202 Elam Road--75217	214-266-1600
<b>Vickery</b>	8224 Park Lane, Suite 130--75231	214-266-0350

**Presbyterian Health and Hospital System** 214-345-6789  
8200 Walnut Hill Lane  
Dallas, TX 75231

*Senior Health Clinic Locations*

<b>Central</b>	10455 Central Expressway #110	214-987-0710
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**Richardson Regional Medical Center** 972-498-4500  
820 Arapaho Road  
Richardson, TX 75080

**The Stewpot Clinic** 214-746-2785

408 Park Avenue  
Dallas, TX 75201  
*Hours: Monday and Friday-- 8:30 am - 4:30 pm. Service area: no set requirements.*

**St. Paul Medical Center** 214-879-1000  
5909 Harry Hines Blvd.  
Dallas, TX 75235

**UT Southwestern Medical Center--Dallas** 214-648-7444  
5323 Harry Hines Blvd  
Dallas, TX 75235  
www.utsouthwestern.edu

**VA North Texas Health Care System** 214-742-8387  
4500 S. Lancaster Road  
Dallas, TX 75216

**Zale Lipshy University Hospital** 214-590-3000  
5151 Harry Hines Blvd.  
Dallas, TX 75235

## HOUSING ASSISTANCE

### Boarding Homes/Halfway Houses

**Ada's M. King** 214-222-6751  
3953 Topga Street  
Dallas, TX 75241  
*Contact: Ada M. King*

**Agape Place** 214-941-9925  
801 W. 10<sup>th</sup>  
Dallas, TX 75208  
*Contact: Dana White, Owner*

**Beckley Gardens** 214-943-1695  
1734 South Beckley  
Dallas, TX 75224  
*Check-In: 11:00 pm*  
*Contact: Karen Gordon--Females beds only.*

**Bunk House** 214-426-5515  
1818 S. Ervay Street  
Dallas, TX 75215  
*Men's Shelter; \$8.00/night. Must provide picture ID and social security card. Source of income or employment required. Check-Out: Every morning at 6:00 am; Check-in at 11:00 am.*

<b>Caring Hearts</b> 314 Nimitz Dallas, TX 75224 <i>Boarding home for females.</i>	469-363-6022
<b>Cole Manor</b> 1407 N. Garrett Dallas, TX 75206 <i>Contact: Ella Mae</i>	214-823-8680
<b>Cole's Residential</b> 1364 Gillette Dallas, TX 75227 <i>Contact: Barbara Cole</i> <i>Assistance for individuals with mental health/mental retardation issues. Monthly rate depends on level of care. Must be on medication and keep doctor appointments. Accept males and females.</i>	214-391-8097
<b>Craven Home (Males Only)</b> 1522 Waweenoc Dallas, TX 75216 <i>Contact: Irene Craven</i> <i>Requirements: Monthly rate: \$500. Meals provided. Some transportation to mental health facilities. Curfew enforced (10:00 pm). Payment accepted SSI and private pay.</i>	214-374-2120
<b>El Shaddai</b> 3212 East Lancaster Dallas, TX 75216 <i>Contact: Sylvia Hendrix</i>	214-374-0091
<b>Etta King Boarding House</b> 712 Scottsboro Lane Dallas, TX 75241 <i>Contact: Etta King</i>	214-371-4530
<b>Family and Friends (Males only)</b> 3302 Arizona Street Dallas, TX 75216 <i>Contact: Ryan Jones</i>	214-674-3010
<b>Family and Friends (Males only)</b> 114 West Louisiana Dallas, TX 75224 <i>Contact: Ryan Jones</i>	214-946-8519
<b>Gaston Rose</b> 5645 Gaston Dallas, TX 75214	214-827-5004

*Contact: Ruby Moore*

**Guinn's Place** 972-286-1383  
12023 Bishop  
Balch Springs, TX 75180

**Hazel's Home Care** (*Males only*) 214-402-8937  
533 High Falls 214-372-2054  
Dallas, TX 75232  
*Contact: Hazel Grady*

**House That Love Built** (*Males only*) 214-375-3897  
6713 Leana  
Dallas, TX 75220  
*Contact: Katherine Hunt*

**Jefferson House** 214-946-4239  
336 ½ W. Jefferson 214-946-3101  
Dallas, TX 75208  
Contact: Bruce

**Live Again** 214-942-9042  
1918 South Beckley (*Males*) 214-893-3116  
Dallas, TX 75224  
1614 South Beckley (*Females*) 214-  
**948-9263**  
Dallas, TX 75224  
*Contact: Linda Brown*

*Provides anger management groups, a spiritual 12-step program, and relapse prevention classes. Also, provides individual counseling for individuals with mental health issues. Requires 30 meetings in 30 days. Six months to 1 year housing. Rates: \$450/month for women; includes meals and toiletries. \$400/month for men; must purchase own meals and toiletries. Must have some form of income for this program.*

**Loving Homes Adult Care** 972-988-1712  
1918 South Cockrell Hill (*Males*)  
Dallas, TX 75211  
2926 Rockford (*Females*)  
Dallas, TX 75211  
*Contact: Sandra See*

**Mac's House** (*Males*) 214-943-6963  
1132 Betterton Circle  
Dallas, TX 75203  
*Contact: Jordette McGreg*



**Our Blessed Home** 972-287-8996  
101 Fisk  
Seagoville, TX 75159  
*Contact: Shirley Mann*

**Peace of Mind** 214-372-1178  
1310 Oakley (Males) 469-438-8452  
Dallas, TX 75216  
2378 E. Ledbetter (Females)  
Dallas, TX 75216  
*Contact: Pete Peterson*  
*Room and board. Rate: \$450/month; accepts SSI, Social Security, private pay.*

**People Who Care** 214-388-7608  
8160 Houston School Road  
Dallas, TX 75241  
*Contact: Johnnie Ceasar*  
*Co-ed facility. Rate: Depends on length of stay. \$490/monthly; \$15.80/daily. Payment: Check, cash, SSI, Social Security. Provides three (3) meals a day plus toiletries.*

**Precious Gems (Males)** 972-224-5638  
7007 Richwood 214-704-7687  
Dallas, TX 75237  
2463 West Five Mile Parkway (Males)  
Dallas, TX 75233  
*Contact: Alice Paige*

**Ravehill Adult Care (Males)** 972-571-7322  
7836 Ravehill Lane  
Dallas, TX 75218  
1942 Prichard Lane (Females) 214-309-7598  
Dallas, TX 75217  
*Contact: George Turner*  
*Call for more information.*

**Roosevelt Handicapped Home Unit (Males)** 214-331-3086  
2923 Gladiolus Lane 214-808-2608  
Dallas, TX 75233  
*Contact: Roosevelt King*

**Safe Haven Homes** 214-375-2640  
2826 Prosperity  
Dallas, TX 75216  
*Contact: Regina Jefferson*  
*Co-ed facility. Provides three meals a day. Daily rate--\$16.50; Monthly rate: \$500/month includes three meals a day. Assists with some transportation needs. SSI, Social Security, and private pay.*

*Length all term. **Must take medication as prescribed.** Curfew enforced (midnight). Located near Dallas Metrocare Services (MHMR) Lancaster-Keist clinic.*

**Soul's Harbor** 972-286-1940  
13134 Nile  
Dallas, TX 75253  
*Contact: Johnny Thomas*  
*Homeless shelter; monthly rates available. Payments accepted: Call to discuss.*

### Emergency and Homeless Shelters

**24 Hour Club** 214-823-3200  
4636 Ross Avenue  
Dallas, TX 75204  
*24 Hour Club is a drug and alcohol rehabilitation center for men and women. It also serves as an emergency shelter.*

**Austin Street Shelter** 214-428-4242  
2929 Hickory Street  
Dallas, TX 75226  
*Services: Emergency overnight shelter; evening meals; showers; clean clothes; psychiatric and medical care; Work Therapy Program; Day Program; Step-Up Rehabilitation Program; shelter for women, children, and men (age 42 and up). Check-In: 4:00-10:00 pm. Services offered hours: 7 days a week, 4:00 pm - 6:00 am. Eligibility requirements: Client must be a man who is 40 years or older; a woman who is 18 years or older, or a child accompanied by a parent or legal guardian clients must be drug and alcohol free and must present legal documentation. Clients must bring: picture ID; social security card and birth certificate. Application process: walk-in. Men ages 39-45 are re-evaluated after 2 weeks to determine whether or not they are still eligible to stay at the Centre; no set time limit for other clients. Website: [www.austinst.org](http://www.austinst.org)  
Contact: Reverend "Bubba"*

**Calvert Place (A Union Gospel Mission affiliate)** 214-637-6117  
3211 Irving Blvd  
Dallas, TX 75247  
*Services offered: shelter for homeless men which provides food; clothes; medical care; discipleship/rehabilitation; education and computer training; GED preparation; work experience; Bible studies; chapel services; transitional housing. Hours: 24 hours a day/7 days a week. Intake at 922 Park Avenue in Dallas; seven days a week from 4:30 pm- 6:45pm. Eligibility requirements: clients must be homeless men clients must bring: SS card or some form of ID.*

**Center of Hope (A Union Gospel Mission affiliate)** 214-638-2988  
4815 Cass Street  
Dallas, TX 75235  
*Services offered: shelter for homeless women and their children providing food; clothes; access to primary medical care and tuberculosis screening; chapel services,; Bible study; Discipleship Program, includes: parenting skills, job skills, substance abuse management, Christian living, Bible*

*study, literacy and GED training, computer education, academic training, counseling, mentoring; Child Development Center. Hours: Monday – Friday 9:30 am – 12:00 pm, 1:00 pm – 4:00 pm; Saturday & Sunday 1:00 pm – 4:00 pm. Eligibility requirements: Center of Hope’s clients are homeless women and their children. Clients must bring: picture ID for self; SS cards for self and all in family; BCs for children. Clients may stay in the shelter for a maximum of 90 days. (Women and children only).*

**Dallas Life Foundation** 214-421-1380  
1100 Cadiz Street  
Dallas, TX 75215  
*Check-In: 3 pm to 6 pm. Shelter for women, children, and men. The first couple of nights are free; \$7.00/night thereafter.*

**Family Gateway** 214-741-6515  
2910 South St. Paul Street  
Dallas, TX 75201  
*Must call for intake appointment. This shelter is for families only.*

**Family Place** 214-941-1991  
4211 Cedar Springs, Suite 110 214-559-2170  
Dallas, TX 75209  
*(Women and children)*

**Reconciliation Outreach** 214-821-9192  
4311 Bryan Street  
Dallas, TX 75204  
*Provides housing for mothers w/children, single men and women and families. Transitional Housing--\$375-\$500. No crimes of violence or sex offenders.*

**Salvation Army** 214-424-7043  
5302 Harry Hines Blvd  
Dallas, TX 75235  
*Contact: Lucy Tamayo-Washington*

### Transitional Housing

**AIDS Services of Dallas** 214-941-0523  
800 N. Lancaster Road  
Dallas, TX 75203  
*Long-term housing for people with HIV/AIDS. Also, offers on site medical care. Eligibility requirements: clients must be HIV positive or diagnosed with AIDS; clients must bring: picture ID; SS card and birth certificate for self; proof of income; letter of diagnosis, application process: walk-in. Website: [www.aidsdallas.org](http://www.aidsdallas.org). Often a waiting list for housing assistance; call in advance. Contact: David Minehart*

<b>Crossroads</b> 928 Bluebird Drive Irving, TX 75061 <i>Requirements: Must be working or able to work; must be alcohol and/or drug free for one year; must be homeless with minor children OR fleeing domestic violence.</i>	972-254-4003
<b>Dallas County Welfare</b> 2377 Stemmons Freeway Dallas, TX 75207 <i>Must call for an appointment.</i>	214-819-1800 214-819-1801
<b>Dallas Housing Authority</b> Section 8 Program 3939 N. Hampton Road Dallas, TX 75127 <i>Must call for an appointment.</i>	214-951-8300
<b>Darnell Residential</b> 7532 Gayglen Drive Dallas, TX 75217 <i>Contact: Jacqueline Darnell</i>	214-398-8642
<b>Exodus Ministry</b> 4630 Munger Avenue, Suite 110 Dallas, TX 75204 <i>Housing up to six months for ex-offenders with families.</i>	214-827-3772
<b>Family Place</b> 4211 Cedar Springs, Suite 110 Dallas, TX 75209	214-941-1991 214-559-2170
<b>Garland Housing Agency</b> George Washington Carver Center 210 Carver Street, Suite 201B Garland, TX 75040	972-205-3393
<b>Genesis Women's Shelter</b> Drawer G Dallas, TX 75208 <i>Battered women's shelter</i>	214-942-2998
<b>Grand Prairie Housing &amp; Community Development Housing Assistance</b> 206 West Church Street Grand Prairie, TX 75050	972-237-8176

**Housing Crisis Center - Vienna Housing Program** 214-370-9339  
5124 Munger  
Dallas, TX 75212  
*Transitional housing program for homeless families; children under 12; must be citizens of Dallas County for at least 30 days; state background checks; birth certificates and social security cards and picture ID required.*

**Interfaith Housing Coalition** (90 day program) 214-  
827-7220  
5612 Ross Avenue  
PO Box 750206  
Dallas, TX 75232

**Lancaster Housing Office** 972-227-4991  
246 E. 1<sup>st</sup> Street  
Lancaster, TX 75146

**Mesquite Housing Office** 972-216-6424  
1515 N. Galloway Avenue  
Mesquite, TX 75149

**Our Friends Place** 214-520-6268  
3000 Carlisle, Suite 206  
Dallas, TX 75219  
*Transitional housing for people ages 18 to 24.*

**OXFORD HOUSE** 214-706-2943  
Dallas / Richardson  
Vacancy Hotline

*Oxford House is a self-run, self-supported recovery house program for individuals recovering from alcoholism and drug addiction. Oxford Houses assure an alcohol and drug-free living environment. The first Oxford House was started in Silver Spring, Maryland in 1975.*

**Oxford House - Abrams (Men Only)** 972-644-7000  
7963 Woodstone Lane  
Dallas, TX 75248

**Oxford House - Baylor (Men Only)** 972-  
664-1866  
1612 Baylor Drive  
Richardson, TX 75081

**Oxford House - Beaver Run (Women Only)** 972-  
675-4445  
2425 Beaver Run Road

Garland, TX 75044

**Oxford House - Beltline (Men Only)** 972-671-3298  
1225 Donna Drive  
Richardson, TX 75080

**Oxford House - Catalpa (Women Only)** 972-699-0978  
10231 Catalpa Road  
Dallas, TX 75243

**Oxford House - Dallas (Men Only)** 214-826-4329  
726 Glendale Street  
Dallas, TX 75214

**Oxford House - Drummond (Women w/ Children)** 214-  
821-6000  
4520 Junius Street  
Dallas, TX 75246

**Oxford House - Erie (Women Only)** 972-  
242-5959  
1201 Erie Street  
Carrollton, TX 75006

**Oxford House - Ferguson (Women Only)** 972-613-8793  
11624 Drummond Drive  
Dallas, TX 75228

**Oxford House - Golfing Green (Men Only)** 972-  
406-9023  
3245 Golfing Green  
Farmers Branch, TX 75234

**Oxford House - La Manga (Men Only)** 972-818-3462  
7121 Echo Bluff Drive  
Dallas, TX 75248

**Oxford House - Lois Lane (Women Only)** 972-671-2361  
100 South Lois Lane  
671-2310  
Richardson, TX 75801

**Oxford House - Meandering Way (Women Only)** 972-991-0206  
13094 Meandering Way  
Dallas, TX 75240

**Oxford House - North Park (Men Only)** 214-750-1440

3624 Coral Gables Drive  
Dallas, TX 75229

**Oxford House - Portrush** (*Women Only*) 214-575-2238  
10319 Port Rush  
Dallas, TX 75243

**Oxford House - Pride** (*Men Only*) 972-235-6899  
1426 Lamp Post Lane  
Richardson, TX 75080

**Oxford House - Richardson** (*Men Only*) 972-480-8866  
1813 Harvard Drive  
Richardson, TX 75081

**Oxford House - Richland Manor** (*Men Only*) 972-235-1134  
414 Sheffield Drive  
Richardson, TX 75081

**Oxford House - Saharah** (*Women Only*) 972-414-3310  
2225 Saharah Drive  
Garland, TX 75044

**Oxford House - Stagecoach** (*Men Only*) 972-690-4664  
1421 Stagecoach Drive  
Richardson, TX 75080

**Oxford House - Sugar Mill** (*Men Only*) 972-239-2333  
4414 Sugar Mill Road  
Dallas, TX 75244

**Oxford House - Texoma** (*Men Only*) 972-783-6600  
1605 Wendy Way  
Richardson, TX 75081

**Oxford House - Walnut Hill** (*Men Only*) 972-907-9112  
1238 Delmont  
Richardson, TX 75080

**Oxford House - Wyatt** (*Women Only*) 972-321-8791  
10505 Wyatt Street  
Dallas, TX 75218

**Reconciliation Outreach** 214-821-9192  
4311 Bryan Street  
Dallas, TX 75204

*Provides housing for mothers w/children, single men and women and families. Transitional Housing--\$375-\$500. No crimes of violence or sex offenders. Hours: 9:00-5:00 pm. Length of stay limited to six months to one year. Contact Person: Thomas Smith (Men); Carless Talton (Women).*

**Shared Housing Center** 214-821-8510  
3110 Live Oak  
Dallas, TX 75204  
*Transitional, co-op housing for families and the elderly*

**VA North Texas Health Care System** 214-857-0943  
4500 S. Lancaster Road Bldg. 6  
Dallas, TX 75216

### MEDICARE/MEDICAID INFORMATION

**Social Security Administration** 800-772-1213  
[www.ssa.gov](http://www.ssa.gov)

**Texas Department of Human Services** 877-236-6500  
(Qualified Beneficiary Benefits)  
801 W. Freeway Suite 700  
Grand Prairie, TX 75051

**Texas Department of Insurance** 800-252-3439  
333 Guadalupe Street  
Austin, TX 78714

**Trailblazers Health Enterprises** 800-442-2620  
PO Box 660156  
Dallas, TX 75266

### MENTAL HEALTH CARE PROVIDERS [\*NorthSTAR provider]

**ABC Behavioral Healthcare\*** 214-275-8500  
4600 Samuel Blvd  
Dallas, TX 75228

**ADAPT of Texas\*** 214-905-0595  
5701 Maple Avenue, Suite 300  
Dallas, TX 75235

**Centro De Mi Salud\*** 214-941-0798  
628 Centre Street



Dallas, TX 75208

**Child and Family Guidance Center\*** 214-351-3490  
8915 Harry Hines Blvd  
Dallas, TX 75235

**Children First Counseling Center** 972-264-0604  
217 W. Main, Suite 100  
Grand Praire, Texas 75050  
*Programs available for the prevention and recovery from abuse, neglect and victimization through education, support and counseling to children and adults.*

**Christian Services of the Southwest** 972-690-9981  
6320 Lyndon B. Johnson Freeway, Suite 122  
Dallas, TX 75240

**Contact Counseling and Crisis Line** 972-233-2233  
(24 hours)  
PO Box 800742  
Dallas, TX 75380

**Counseling Institute of Texas** 972-494-0160  
705 W. Avenue B, Suite 306  
Garland, TX 75040

**Dallas Inter-Tribal Center, Inc.** 214-941-1050  
209 E. Jefferson Blvd.  
Dallas, Texas 75203  
*Assistance and counseling for Dallas and Tarrant County residents of Native American descent.*

**Dallas Metrocare Services\*** 214-743-1200  
Administrative Offices  
1380 Riverbend Drive  
Dallas, TX 75247  
*Provides services for adults and children with mental retardation or mental illness in Dallas County. Some services include: in home and family support, intermediate care facilities, transitional living services, behavioral and psychiatric services, vocational development and support, early childhood intervention, homeless outreach, child/adolescent mental health programs, and programs for juvenile offenders.*

*Satellite Locations for adult services:*

<b>Altshuler Clinic</b>	4645 Samuel Blvd (75227)	214-275-7393
<b>BPS Clinic</b>	1340 Riverbend Drive (75247)	214-743-6188
	<i>(Primarily services individuals with Mental Retardation)</i>	
<b>Lancaster-Kiest</b>	3330 S. Lancaster (75216)	214-371-6639
<b>Pathways Clinic</b>	1340 Riverbend Drive (75247)	214-743-6188
<b>Westmoreland</b>	1350 N. Westmoreland (75211)	214-330-0036

<b>Department of Assistive and Rehabilitative Services</b> (formerly Texas Rehabilitation Commission) 4800 N. Lamar Blvd., 3rd Floor Austin, Texas 78756	<b>800-252-5204</b>
<b>East Dallas Counseling Center</b> 4144 North Central Expressway Suite 530 Dallas, Texas 75204 <i>Counseling, health and emergency services and substance abuse programs for Asian, African, Middle Eastern, and other refugee communities. Multi-cultural transitional housing and HIV prevention programs.</i>	<b>214-821-5393</b>
<b>Galaxy Counseling Center</b> 1025 S. Jupiter Road Garland, Texas 75042	<b>972-272-4429</b>
<b>Green Oaks Hospital</b> 7808 Clodus Field Drive Dallas, Texas 75251	<b>972-991-9504</b>
<b>Incest Recovery Services of The Family Place</b> P.O. Box 7999 Dallas, Texas 75209 <i>Individual and group therapy for adult and adolescent victims of incest and child sexual abuse.</i>	<b>214-443-7701</b>
<b>Jewish Family Service</b> 13140 Coit Road, Suite 400 Dallas, Texas 75240	<b>972-437-9950</b>
<b>Juliette Fowler Homes Inc., Dallas County</b> 1234 Abrams Road Dallas, Texas 75214 <i>Children, Youth and Family Services division offers residential treatment and outpatient counseling for emotionally disturbed adolescents.</i>	<b>214-827-0813</b>
<b>LifeNet*</b> 10405 E. Northwest Highway, Suite 100 Dallas, Texas 75238 <i>Provides clinical services, supportive housing services, supportive employment services, and child services to the homeless, the mentally ill, and the chemically dependent in Dallas County.</i>	<b>214-221-5433</b>
<b>Pastoral Counseling and Education Center</b> 4525 Lemmon Avenue, Suite 200 Dallas, Texas 75219	<b>214-526-4525</b>

<b>Parkland Health and Hospital System Violence Intervention Program</b> 5201 Harry Hines Blvd Dallas, Texas 75235	214-590-2926
<b>Parkland Rape Crisis and Sexual Abuse Center</b> (24 hours) 4917 Harry Hines Blvd. Dallas, Texas 75235	214-590-0430
<b>Promise House</b> 224 W. Page Dallas, Texas 75208 <i>Provides parent and family support groups, plus counseling to support family preservation.</i>	214-941-8578
<b>Rapha Christian Counseling</b> <i>Offers individual, marital and group counseling, play therapy and crisis intervention.</i>	972-257-0449
<b>Solace Counseling</b> 2519 Oak Lawn, Suite 500 Dallas, TX 75219	214-522-4640
<b>Suicide and Crisis Center</b> (24 hours) 2808 Swiss Avenue Dallas, Texas 75204	214-828-1000
<b>Timberlawn Mental Health System</b> 4600 Samuel Blvd Dallas, Texas 75228	214-381-7181
<b>Turtle Creek Manor</b> 2727 Routh Street Dallas, TX 75201	214-871-2484
<b>VA North Texas Health Care System</b> 4500 S. Lancaster Road Dallas, TX 75216	214-742-8387
<b>YWCA Women's Resource Center, Dallas County</b> <u>Dallas Branches</u> Central Branch                      4621 Ross Avenue Widner Branch                        1811 S. Hampton Road Maria Morgan Branch                1800 Bonnie View Lane Irving Branch                         3640 West Northgate Garland Branch                        3821 Broadway Richardson Branch                    1416 East Collins	214-584-2301

## SUBSTANCE ABUSE/REHABILITATION PROGRAMS

<b>24 Hour Club</b> 4636 Ross Avenue Dallas, TX 75204 <i>24 Hour Club is a drug and alcohol rehabilitation center for men and women. It also serves as an emergency shelter.</i>	214-823-3200
<b>Al-Anon/Alateen Information</b> 5533 Dyer Street, Suite 103 Dallas, TX 75206	214-363-0461
<b>Alcoholics Anonymous</b> 4300 Alpha Road #211 Dallas, TX 75244	972-239-4599
<b>Austin Street Centre</b> 2929 Hickory Dallas, TX 75226	214-428-4242
<b>Burning Tree Recovery Ranch</b> PO Box 757 Kaufman, TX 75142	972-962-7374
<b>Cathedral of Hope</b> PO Box 35466 5910 Cedar Springs Road Dallas, TX 75235	214-351-1901 800-501-HOPE
<b>The Cedars Hospital</b> 2000 N. Hickory Trail DeSoto, TX 75115 <i>(Specialty hospital for mental health and chemical dependency care)</i>	972-298-7323
<b>City of Dallas—Department of Environmental &amp; Health Day Resource Center-Shelter Plus</b> 901 S. Ervay Street Dallas, TX 75201	214-670-3932
<b>First Step Counseling</b> 219 B Sunset Avenue Dallas, TX 75208	214-942-8808
<b>Greater Dallas Council on Alcohol &amp; Drug Abuse</b>	214-522-8600

4525 Lemmon Avenue, Suite 300  
Dallas, TX 75219

**Green Oaks** 214-851-9923  
7920 Clodus Fields Drive  
Dallas, TX 75251

**Help Is Possible** 214-827-2870  
723 Peak Street  
Dallas, TX 75233

**Homeward Bound** 214-941-3500  
233 W. Tenth Street  
Dallas, TX 75208

**Nexus Recovery (*Females Only*)** 214-  
321-0156  
8733 La Prada  
Dallas, TX 75228

**Solace Counseling** 214-522-4640  
2519 Oak Lawn, Suite 500  
Dallas, TX 75219

**Solutions Outpatient Services** 214-369-1155  
5327 N. Central Expressway, Suite 333  
Dallas, TX 75205

**Solutions Over Substances** 214-381-9535  
1227 World Court Store  
Dallas, TX 75217

**Timberlawn Mental Health System** 214-381-7181  
4600 Samuel Blvd  
Dallas, TX 75228

**TRS Behavioral Care, Inc.** 877-627-4389  
5646 Milton Street  
Dallas, TX  
*(Also offers Transitional Living for men)*

**Turtle Creek Manor** 214-871-2484  
2727 Routh Street  
Dallas, TX 75201

**Valley Hope Association (Grapevine)** 817-424-1305  
2300 William D. Tate Avenue

Grapevine, TX 76051

## SUPPORT GROUPS

- Adult Children of Aging Parents** 214-348-6600  
9015 Plano Road  
Dallas, TX 75238
- Al-Anon/Alateen Information** 214-363-0461  
5533 Dyer Street, Suite 103  
Dallas, TX 75206
- ARC of Dallas** 214-634-9810  
2114 Anson Road  
Dallas, TX 75235  
[www.arcdallas.org](http://www.arcdallas.org)
- Because I Love You (BILY)** 972-647-9573  
[www.becauseiloveyou.org](http://www.becauseiloveyou.org)  
*A parent support group for families in crisis.*
- Brighter Tomorrows** 972-263-0506  
1417 Densman Street 972-263-2417  
Grand Prairie, TX 75053  
*Also provides shelter for victims of domestic shelters/sexual assault; 24-hour hotline--972-262-8383.*
- Child and Family Guidance Center** 214-351-3490  
8915 Harry Hines Boulevard  
Dallas, TX 75235
- Co-Dependents Anonymous of N. Central Texas** 972-661-9843  
11520 N. Central Expressway  
Dallas, TX 75243
- Dallas Gamblers Anonymous Support Group** 214-890-0005  
12717 Marsh Lane  
Dallas, TX 75230
- Depressive & Manic Depressive Association** 817-654-7100  
PO Box 6361  
Fort Worth, TX 76115

**Growth Through Grief** 214-590-8512  
5201 Harry Hines Boulevard  
Dallas, TX 75235

**Life After Loss, Dallas** 214-819-1200  
8900 Carpenter Freeway  
Dallas, Texas 75247  
*Five-week session for anyone who has lost a loved one within the last two years. Registration required.*

**Mental Health Association of  
Greater Dallas Depressive's Support Group** 214-871-2420  
624 N. Good Latimer, Suite 200  
Dallas, TX 75204  
[www.mhadallas.org](http://www.mhadallas.org)

**MADD (Mothers Against Drunk Driving)** 214-637-0372  
8585 Stemmons Freeway 525 S  
Dallas, Texas 75247  
*Supports victims who have been injured by or who have lost loved ones to drunk driving. Offers youth educational programs to prevent underage drinking.*

**National Alliance of the Mentally Ill (NAMI)—Dallas** 214-341-7133  
6510 Abrams Road, Suite 568  
Dallas, TX 75231

**OCD (Obsessive Compulsive Disorder) Association/DFW** 972-278-0318  
*Provides support and assistance to person who have OCD and related spectrum disorders and to their family members. Meets 2<sup>nd</sup> and 4<sup>th</sup> Thursday of each month.*

**Recovery, Inc., Support Group** 214-904-0296  
*International Headquarters*  
802 N. Dearborn  
Chicago, IL 60610  
(Various meeting locations throughout Metroplex)

**Suicide and Crisis Center** 214-824-7023  
2808 Swiss Avenue  
Dallas, TX 75204  
[www.sccenter.org](http://www.sccenter.org)

**Texas Council on Problems &  
Compulsive Gambling Helpline** 800-742-0443  
670 N. Coit Road, Suite 2480  
Richardson, TX 75080

**Victims Outreach** 214-358-5173  
3530 Forest Lane, Suite 300  
Dallas, TX 75234

**Women's Center in Richardson** 972-238-9516  
515 Custer Road  
Richardson, TX 75080

**YWCA Women's Resource Center** 214-821-9595  
4621 Ross Avenue, 2<sup>nd</sup> Floor  
Dallas, TX 75204  
[www.ywcadallas.org](http://www.ywcadallas.org)

**Urban League of Greater Dallas and North Central Texas** 214-915-4600  
4315 S. Lancaster Road  
Dallas, TX 75216

### TRANSPORTATION ASSISTANCE

**Dallas Area Rapid Transit** 214-979-1111  
1401 Pacific Avenue  
Dallas, TX 75202  
*Public transportation authority for Addison, Carrollton, Cockrell Hill, Dallas, Farmers Branch, Garland, Glenn Heights, Highland Park, Irving, Richardson, Rowlett, Plano, and University Park.*

**DART Paratransit** 214-515-7272  
1401 Pacific Avenue  
Dallas, TX 75202  
*Transportation for person with mobility impairments who have been previously certified by DART.*

**Garland Special Transportation** 972-205-3310  
222 Carver Drive  
Garland, TX 75040

**Grand Prairie Special Transportation (City limits only)** 972-237-8545  
1821 W. Freeway  
Grand Prairie, TX 75051  
[www.ci.grand-prairie.state.tx.us](http://www.ci.grand-prairie.state.tx.us)

**Mesquite Transportation Elderly-Disabled** (Mesquite residents only) 972-329-6833  
300 W. Kearney Street  
Mesquite, TX 75150  
[www.cityofmesquite.com](http://www.cityofmesquite.com)



For more information regarding the Dallas County Public Defender's Mental Health Division, please contact us at:

**DALLAS COUNTY PUBLIC DEFENDER'S OFFICE  
133 N. INDUSTRIAL BOULEVARD, LB2  
DALLAS, TEXAS 75207-4399**

Or by dialing

214-653-3550  
214-712-3026 (fax)

**Sarah Trimble**  
**Mental Health Assistant Public Defender**

**Walter Norris**  
**Mental Health Caseworker III**

**Karen Thompson**  
**Mental Health Caseworker II**

**Megan Gwinn**  
**Intern**

The Guide includes telephone numbers, address and some Internet websites for community service providers. The listing of organizations and/or services in this resource guide does not constitute or imply endorsement by the Dallas County Public Defender's Office Mental Health Division.